Henna Sooq

Your Hair, Your Way. Naturally!

Ayurvedic Cleansing Hair Kit

When using any new hair product it is always recommended that you do hair strand tests first.

Keep yourself updated on new recipes, products, and sales at www.HennaBlogSpot.com

Important: Please keep in mind that everyone has their own unique hair texture. Herbal treatments can be drying for some, and it is recommended that you add hair oil to your recipe, or deep condition your hair afterwards. We recommend that everyone keep an open mind when using henna and natural herbs on their hair, and use the recipe that works best for you!

Mixing Cassia Obovata and Shikakai powder for healthy, conditioned, shiny, and cleansed hair:

-For every 100 grams of cassia obovata add at least 3-4 tbsp of shikakai powder.
-Mix herbal powders together and then add warm or hot water and let sit for 20-30 minutes. Make sure your mixture is like pancake batter.
-Apply the cassia and shikakai paste onto clean hair that is either dry or damp. Apply mixture in layers (and sections) starting from the front and moving towards the back.
-Wrap your hair and leave on for at least an hour.
-Rinse or wash paste out.

Mixing Cassia Obovata for healthy hair, and golden tones (on light hair):
-Mix powder with warm or hot water and let sit for 3-4 hours. Make sure your mixture is like pancake batter.
-Apply the cassia paste onto clean hair that is either damp or dry. Apply mixture in layers (and sections) starting from the front and moving towards the back.
-Wrap your hair and leave on for at least 1 hour, and up to 4 hours.
-Rinse or wash paste out.

Mixing Shikakai powder to cleanse your hair:
-Mix shikakai powder as you would your cassia, and apply it as directed above. You can use this directly in your shower, for an easier clean up. Leave shikakai paste on your hair from 5 to 10 minutes.

How to store your powder(s): fridge or cool dark place.
How to store your paste(s): freezer, for up to six months

For further questions, comments or concerns please contact us at:
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