



Your Hair, Your Way. Naturally!

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When using any new hair product it's always recommended that you do a hair strand tests or a skin patch test first. Even natural products can cause allergic reactions. Test before use.

Keep yourself updated on free recipes, products, and sales on social media platforms @ HennaSooq (#HennaSooq) or at www.HennaBlogSpot.com

Important: Please keep in mind that your hair is as individual and unique as you are. Henna and Ayurvedic treatments can be drying for some. It's recommended that you add our aloe vera powder or one of our hair oils to your recipe and/or deep condition your hair afterwards. We recommend that all of our clients try varying recipes based on their individual hair needs and focus. Use the recipe that works best for your hair! Further instructions can be found and downloaded on every product page.

Total amount of powder you should use:

Above ear length: 50-75 grams

Shoulder length: 100-125 grams

Bra strap or mid-back length: 150-175 grams

Lower back length (above hips): 200 to 225 grams

Hip/Waist length: 250 to 300 grams

Using our Shikakai, Brahmi, Bhringraj, Neem, Hibiscus and Zizyphus

For added cleansing and strengthening add about 3-4 tbsp of powder (per 100 grams of henna or Ayurvedic herbs used) to your recipe. Create your own blend based on what your hair focus is. We recommend equal proportions of every herb you choose to start.

You can also use each of these herbs alone as it's own treatment. We recommend adding a little bit of conditioner for added slip and easier application in these types of recipes.

Adding brahmi, bhringraj or amla can be used in a henna recipe to tone down the red of the henna.

Adding hibiscus powder can boost the red tones of a henna recipe.

For added moisture to your DIY recipe use our Organic Aloe Vera Powder

We recommend you add 5% of your whole recipe of our organic aloe vera powder.

Find more free recipes and DIY resources with henna and Ayurvedic herbs on social media platforms @ HennaSooq (#HennaSooq) or on our blog at www.hennablogspot.com.

Should you have any questions or concerns please contact us at info@hennasooq.com or 410-579-4543